



Is This It? - Eccl 6

October 25, 2026

Message Recap

Solomon introduces us to a man who has everything: wealth, possessions, and honor...yet lacks the ability to enjoy any of it. Ecclesiastes 6 reminds us that having more is not the same as enjoying more. We can become so consumed with pursuing and managing God's blessings that we miss the joy of what He's already given us. The ability to enjoy life is itself a gift from God.

Solomon also reveals that getting more doesn't necessarily lead to satisfaction. Our appetites continually move the finish line, leaving us chasing the next purchase, accomplishment, or opportunity. And while we often want answers and control over our circumstances, knowing more doesn't mean we're in control. True faith means trusting God even when we don't understand what He's doing.

Ultimately, Jesus offers what possessions, accomplishments, and explanations never can. He is the Bread of Life, the One who satisfies our deepest spiritual hunger. The answer to our emptiness isn't another thing...it's Jesus.

Icebreaker / Personal Reflection

- **Icebreaker:**

What's the best costume you've worn, and what's your go-to candy?

- **Reflection:**

What part of the message resonated with you the most?

Discussion Questions

1. Ecclesiastes 6:1–6 describes a man who has everything he could want but still cannot experience rest. Why do you think it's possible to have a successful life on the outside while feeling restless or unfulfilled on the inside? What are some signs that we're experiencing this kind of restlessness?
2. How can the pressure to achieve success or meet other people's expectations keep us from experiencing genuine peace? How do we recognize when we're measuring our lives by the wrong standards?
3. Ecclesiastes 6:7–9 describes an appetite that is never satisfied. What are some ways our desires continually move the finish line, even after we've achieved something we worked hard for? How can we recognize when healthy ambition has become an unhealthy pursuit of more?

4. When things aren't going according to plan, how can we grow in trusting His character rather than needing all the answers?
5. Is there an area of your life where you've stopped praying because nothing seems to be changing? What would it look like to bring that situation back to God while trusting Him with the outcome?

For Additional Study

John 6:35 (NIV)

"Then Jesus declared, 'I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.'"

Questions:

- Why do you think we so often look to accomplishments, relationships, or experiences to satisfy needs that only Jesus can meet?
- What is the difference between seeking Jesus for what He can give us and seeking Him for who He is?
- How can a deeper relationship with Jesus help us experience peace even when our circumstances remain uncertain?
- What's one area of your life where you need to stop chasing an answer or outcome and begin trusting Jesus more fully?