



## 1 Peter 4:1-6

### STILL STANDING - May 3, 2026

#### Message Recap

Peter writes to believers facing pressure, temptation, and cultural opposition, challenging them to fully commit to following Jesus. A “settled” faith isn’t just about believing in Jesus, but it’s about deciding ahead of time how you will live when pressure comes. We are called to stop feeding the old life Jesus freed us from and remain steady even when obedience makes us stand out. Following Jesus doesn’t just change our eternity, it transforms how we live today.

#### Icebreaker / Personal Reflection

- **Icebreaker:**  
If you could only recommend one book to someone (*not counting the Bible* :) what would it be?
- **Reflection:**  
What part of the message resonated with you the most?

#### Discussion Questions

- **Why do you think pressure exposes what hasn’t been settled in our lives? Where are you most tempted to “wait until the moment” instead of deciding ahead of time?**
- **What is something you may still be “feeding” that you know God is asking you to leave behind?**
- **When have you felt like obedience to God made you stand out or feel misunderstood?**
- **Pastor Stephen emphasized living for God’s approval rather than people’s. What makes that challenging in your personal life?**
- **Which of the three points (settle it, stop feeding it, stay steady) do you most need in your life right now and why?**

## **For Additional Study**

### **Romans 12:1–2 NIV**

- What does it look like practically to “offer your body as a living sacrifice” in your current season?
- How can renewing your mind help you “settle it” before pressure comes?

### **Galatians 5:16–17 NIV**

- What tension do you see between the flesh and the Spirit in your daily life?
- What are some practical ways you can “walk by the Spirit” this week instead of feeding old patterns?