



1 Peter 3:1-7

STILL STANDING - Apr 12, 2026

Message Recap

Marriage isn't designed to fulfill you, it's designed to refine you. In 1 Peter 3, we see that real love isn't sustained by ease but by intentional Christlike choices. When words stop working, your life still speaks. True beauty is found in a peaceful, steady spirit that doesn't fade with circumstances. Respect isn't weakness but faith in God's order, even when relationships are difficult. And real strength, especially for men, is not control or dominance, but gentleness that creates safety and honor in the home. Marriage becomes powerful when it reflects Jesus: a love that is patient, sacrificial, and transforming.

Icebreaker / Personal Reflection

- **Icebreaker:**

High, Low, Buffalo this week :) - Share a high, a low, and something completely random from your week.

- **Reflection:**

What part of the message resonated with you the most?

Discussion Questions

- Peter talks about being “won over without words.” Where have you seen actions speak louder than words in a relationship?
- What does it practically look like to have a “gentle and quiet spirit” in today’s fast-paced, reactive culture?
- How does understanding that marriage is meant to *refine* you (not just fulfill you) change your expectations?
- For men: What does it look like for your strength to create *safety* rather than pressure or tension in your home?
- For everyone: What does your “presence” feel like to the people closest to you—peaceful, tense, encouraging, distant?
- What is one specific area where you feel God prompting you to become more like Jesus in your relationships right now?

For Additional Study

Ephesians 5:25-33

- How does Christ's love for the church redefine what sacrificial love should look like in marriage?
- What is one practical way you can reflect that kind of love this week?

Colossians 3:12-14

- Which of these qualities (compassion, kindness, humility, gentleness, patience) is hardest for you right now? Why?
- What would it look like to intentionally "put on" love in a challenging relationship this week?