



1 Peter 2:18-25

Still Standing - Mar 22, 2026

Message Recap

Most people can handle pain that makes sense—but unfair pain hits differently. It makes us question others, ourselves, and even God. Peter writes to believers facing unjust suffering and shows them how to respond in a way that reflects Jesus.

We are called to **do right even when life does us wrong, control our response when we can't control our situation, and take our pain to Jesus before it takes over our lives.** Jesus is not only our example in suffering, He is our Savior in suffering. Through Him, pain doesn't get the final word, the Shepherd does.

Icebreaker / Personal Reflection

- **Icebreaker:**

What's a small win you had recently you could share with the Group?

- **Reflection:**

What part of the message resonated with you the most?

Discussion Questions

- What's your natural response to unfair pain in your life (fight, withdraw, vent/complain, something else?)
- What does it practically look like to "control what comes out of you" when life hits you wrong?
- What are some ways pain tries to "reshape" us internally (bitterness, distrust, hardness, etc.)? Which one are you most prone to?
- Jesus didn't retaliate when He was mistreated. What makes that so difficult to live out in real life?
- The message talked about pain becoming a "shepherd." How can pain start leading someone's decisions, relationships, or outlook?

For Additional Study

Matthew 5:10–12 NIV

“Blessed are those who are persecuted because of righteousness...”

- Why does Jesus connect blessing with suffering for doing what’s right?
- How does an eternal perspective change the way we view present injustice?

Hebrews 12:2–3 NIV

“...who for the joy set before Him endured the cross...”

- What helped Jesus endure suffering, and how can that help you?
- How can focusing on Jesus reshape your mindset in seasons of unfair pain?