



1 Peter 1:22-2:3

Still Standing - Mar 1, 2026

Message Recap

In the Upper Room, Jesus commanded His disciples to love one another, but Peter was focused on proving himself. He insisted he would follow Jesus anywhere, only to deny Him hours later.

Thirty years later, Peter writes with clarity shaped by grace. He no longer centers on position or proving loyalty, but on love.

First, love is a decision, not a feeling. Obedience to truth produces sincere, deep love from the heart. Deep love moves first. **Second**, our words either build bridges or plant bombs. Believers must rid themselves of malice, deceit, hypocrisy, envy, and slander. What fills the heart eventually flows from the mouth. **Third**, what you crave will decide what you become. Growth happens when we remove what is toxic and crave what feeds our spirit.

Spiritual growth is measured by daily decisions: put Christ first and put others first.

Icebreaker / Personal Reflection

- **Icebreaker:**

Share a cool/interesting story or fact about one of your grandparents?

- **Reflection:**

What part of the message resonated with you the most?

Discussion Questions

- **Peter once focused on proving himself instead of loving others. Where are you tempted to prove something instead of love someone?**
- **What does it practically look like to “love one another deeply, from the heart”?**
- **Which of these is most tempting for you: malice, deceit, hypocrisy, envy, or slander? Why?**
- **What practical steps can help you “rid yourself” of destructive speech patterns?**
- **How have you seen careless words damage trust in relationships?**
- **Peter shifts from what to remove to what to crave. Why is replacement essential for real change?**

For Additional Study

1 Peter 1:22 (NIV)

“Now that you have purified yourselves by obeying the truth so that you have sincere love for each other, love one another deeply, from the heart.”

- What does “obeying the truth” look like in everyday life?
- How does obedience to truth produce sincere love?

1 Peter 2:1–3 (NIV)

“Therefore, rid yourselves of all malice and all deceit, hypocrisy, envy, and slander of every kind. Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation, now that you have tasted that the Lord is good.”

- What would a consistent spiritual appetite look like in your current season?
- How does remembering that you have “tasted that the Lord is good” reshape what you crave?