

Community Group Discussion Questions - 10/27/24

ICEBREAKER

Share with the Group the best teacher/professor you've had or class you've taken.

DISCUSSION QUESTIONS

- 1. The message mentions the power of self-talk. How can we become more aware of the negative dialogues we have with ourselves, and what steps can we take to change them?
- 2. Reflect on Romans 8:5-6. How can setting our minds on what the Spirit desires lead to life and peace in our daily lives?

For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace - Rom 8:5-6

- 3. In what ways can chronic negativity affect our relationships, and how can we work towards creating a more positive atmosphere in our interactions with others?
- 4. How does practicing gratitude and focusing on God's promises help reshape our reality and improve our mental and emotional well-being?
- 5. Discuss the role of community and uplifting relationships in overcoming negative self-talk and fostering a positive mindset.

LEADERS - Highlight a few of our upcoming events as you close:

- 1. FUEL MEN'S BFAST MOVED TO Friday, Nov 1 @ 6:30am c3church.cc/now
- 2. Next Baptisms Nov 17th and Dec 15th <u>c3church.cc/now</u>