

Gratitude means letting others know you see how they've helped you.

WEEK
3
K-1ST

Read: 1 Chronicles 16:34

DAY
1

Balloon Thanks

Ask a parent to find a balloon or soft playground ball. Gather your family to play a game of balloon toss. The object of the game is to keep the balloon in the air. Each time someone hits the balloon they have to say thank you to someone in the circle. For example: "Thank you dad for doing my laundry."

Look for ways to say thanks to those around you.

DAY
2

Say Thanks

Ask an adult to help you look up our Bible story from this week in Luke 17:11-19 and read it together. Has there ever been a time when you did something for someone and they didn't say thank you? It probably made you feel a bit upset, right? I imagine that's exactly how Jesus felt in this story. He healed 10 men and only one came back to thank Him for it. Let this be a reminder for us to say thanks!

Thank the people who have helped you by showing them you are grateful.

DAY
3

Helpful Thanks

Have you ever thought of all the people that do things for you that you never truly say thank you to? Take some time to say "**thanks.**" Ask a parent to help you come up with a way to say thank you to each of the people you want to thank. You could leave a special card in the mailbox for your mailman or you could drop off some cookies at your local fire department. No matter how big or how small, just the idea of taking time to say thank you shows gratitude!

Know how important it is to thank those that help you!

DAY
4

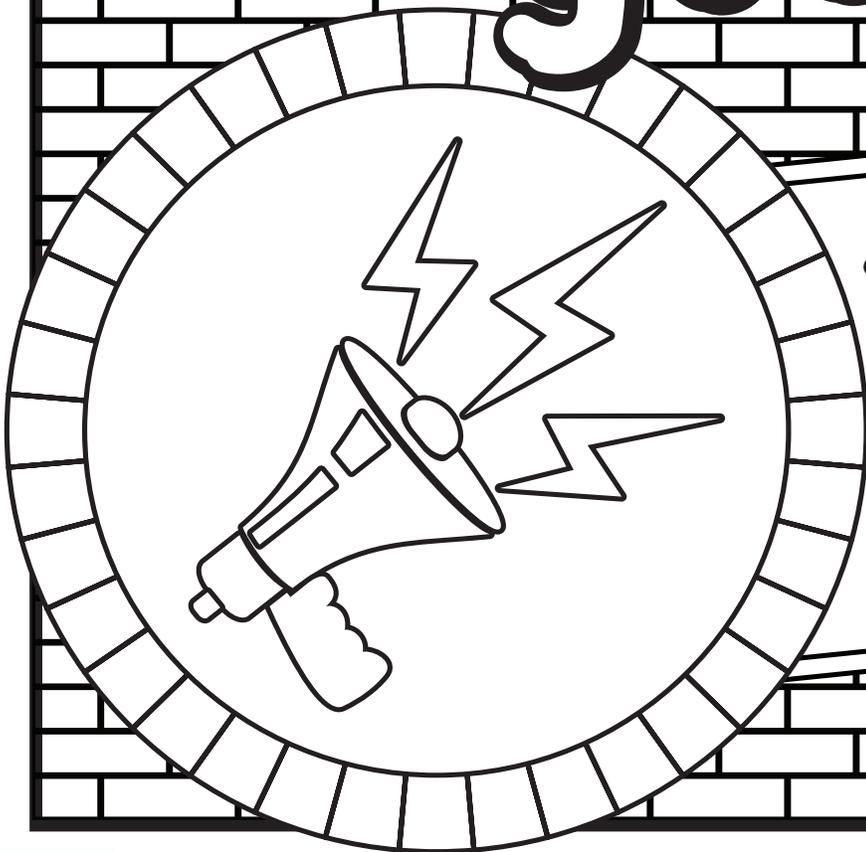
Share His Goodness

Ask an adult to help you look up 1 Chronicles 16:34. This verse tells us to give thanks to God because He is good to us! Can you think of a time when God was good to you? Maybe it was when your dad got a new job or you got an A on a test. Ask a parent or an adult to share with you about a time when God was good to them.

*Dear God,
Help us to remember to give thanks always because you are good to us! In Jesus' name, amen.*

Say thank you.

Give thanks
to the Lord,
for he is
good.



1 Chronicles
16:34
NIV